

Welsh Capital Masters - 13/05/2006
Results

Event 1 Men 18-24 200 SC Meter IM

Name	Age	Team	Finals Time	Points
1 Keen, Chris	19	Carmarthen Masters	2:25.82	

Event 1 Men 25-29 200 SC Meter IM

1 Peden, Trent	29	Cardiff Masters	2:22.07	
2 Burggraaf, Ben	27	Hpc Heemstede	2:24.74	

Event 1 Men 50-54 200 SC Meter IM

1 Wilson, William	51	Cardiff Masters	3:25.80	
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Event 1 Men 55-59 200 SC Meter IM

1 Grant, Alan	59	Miami Masters - Australia	3:29.53	
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Event 1 Men 65-69 200 SC Meter IM

1 Thomas, Garfield	66	Bridgend County	3:13.79	
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Event 2 Women 25-29 200 SC Meter IM

1 Walker, Anna	25	Cardiff Masters	2:41.30	
2 Williams, Kate	27	Cardiff Masters	3:10.28	

Event 2 Women 40-44 200 SC Meter IM

1 Thomas, Ceri	41	Bridgend County	3:01.71	
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Event 2 Women 45-49 200 SC Meter IM

1 Keen, Delia	45	Carmarthen Masters	4:06.74	
--- Lloyd, Christine	48	Carlisle Masters	DQ	

Arms underwater recovery - fly

Event 2 Women 50-54 200 SC Meter IM

1 Varley, Alison	54	Monnow	4:05.45	
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Event 2 Women 55-59 200 SC Meter IM

1 Crayford, Julie	58	Clams	3:19.85	
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Event 2 Women 60-64 200 SC Meter IM

1 Weare, Margaret	62	Caldicot	4:41.84	
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Event 3 Men 18-24 50 SC Meter Backstroke

1 Newcombe, Oliver	24	Clams	29.60	
2 Carr, Daniel	23	Cardiff Masters	50.12	

Event 3 Men 25-29 50 SC Meter Backstroke

Welsh Capital Masters - 13/05/2006**Results**

1	Neal, Martin	27	Cardiff Masters	47.39
Event 3 Men 35-39 50 SC Meter Backstroke				
1	Oakley, Paul	38	Gwent Police	36.87
Event 3 Men 40-44 50 SC Meter Backstroke				
1	Waite, Keith	44	Unattached	39.00
Event 3 Men 45-49 50 SC Meter Backstroke				
1	Gage, Steve	47	Clams	39.42
Event 3 Men 50-54 50 SC Meter Backstroke				
1	Norman, Philip	50	Gwent Police	33.92
2	Sveds, Vladimirs	50	Clams	40.69
3	Lewis, Barry	52	Wrexham	43.67
Event 3 Men 55-59 50 SC Meter Backstroke				
1	Hodgson, Eric	59	Wrexham	33.74
2	Davies, Ian	57	Newcastle Emlyn Flyers	49.41
Event 4 Women 18-24 50 SC Meter Backstroke				
1	Griffiths, Joanne	22	Cardiff Masters	48.99
Event 4 Women 25-29 50 SC Meter Backstroke				
1	Davies, Sally	29	Cardiff Masters	41.14
2	Colins, Amanda	27	Clams	49.61
3	James, Ceinwen	25	Pontypool	51.42
Event 4 Women 30-34 50 SC Meter Backstroke				
1	Jenkins, Sian	34	Cardiff Masters	39.54
Event 4 Women 40-44 50 SC Meter Backstroke				
1	Borley, Sarah	44	Gwent Police	40.32
2	Harrison, Elaine	43	Cardiff Masters	47.30
Event 4 Women 45-49 50 SC Meter Backstroke				
1	Frost, Anne	48	Cardiff Masters	58.27
2	Lloyd, Christine	48	Carlisle Masters	1:06.06
Event 4 Women 50-54 50 SC Meter Backstroke				
1	Griffiths, Anne	54	Clams	45.07

Welsh Capital Masters - 13/05/2006**Results****Event 4 Women 55-59 50 SC Meter Backstroke**

1	Crayford, Julie	58 Clams	44.53
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Event 5 Men 18-24 100 SC Meter Freestyle

1	Rattenberry, Adam	22 Clams	56.02
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2	Newcombe, Oliver	24 Clams	58.86
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3	Carr, Daniel	23 Cardiff Masters	1:27.48
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Event 5 Men 25-29 100 SC Meter Freestyle

1	Peden, Trent	29 Cardiff Masters	57.88
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2	Maskell, Stephen	26 Cardiff Masters	1:00.03
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3	Neal, Martin	27 Cardiff Masters	1:19.47
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---	Lempriere, Phil	29 Cardiff Masters	DQ
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False start

Event 5 Men 30-34 100 SC Meter Freestyle

1	Drury, Alex	33 Gloucester Masters	58.24
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2	Jenkins, Huw	30 Clams	1:02.54
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3	Croall, Steve	34 Swim Swansea Masters	1:02.78
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4	Sweeting, Paul	33 Cardiff Masters	1:18.77
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Event 5 Men 40-44 100 SC Meter Freestyle

1	Williams, Cristyn	41 Cardiff Masters	1:31.76
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---	Waite, Keith	44 Unattached	DQ
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False start

Event 5 Men 45-49 100 SC Meter Freestyle

1	Gage, Steve	47 Clams	1:11.84
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2	Morgan, Gareth	48 Cardiff Masters	1:24.46
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3	Jones, Paul	47 Clams	1:34.20
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Event 5 Men 50-54 100 SC Meter Freestyle

1	Cooper, David	51 Cardiff Masters	1:08.27
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2	Oliver, Keith	52 Shetland	1:14.33
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3	Lewis, Barry	52 Wrexham	1:22.15
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Event 5 Men 55-59 100 SC Meter Freestyle

1	Grey, David	55 Unattached	1:16.57
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2	Davies, Ian	57 Newcastle Emlyn Flyers	1:32.99
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**Welsh Capital Masters - 13/05/2006
Results****Event 5 Men 60-64 100 SC Meter Freestyle**

1	McDermott, Terry	63 Wrexham	1:31.64
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Event 5 Men 70-74 100 SC Meter Freestyle

1	Alexis, Errol	70 Clams	1:30.01
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Event 5 Men 75-79 100 SC Meter Freestyle

1	Lloyd, Edward	75 Wrexham	1:28.36
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Event 6 Women 25-29 100 SC Meter Freestyle

1	Walker, Anna	25 Cardiff Masters	1:05.44
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2	Stokes, Anna	25 Cardiff Masters	1:11.99
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3	Colins, Amanda	27 Clams	1:28.26
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4	James, Ceinwen	25 Pontypool	1:31.65
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Event 6 Women 30-34 100 SC Meter Freestyle

1	Paull, Hannah	33 Gloucester Masters	1:02.41
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2	Hughes, Heidi	30 Newcastle Emlyn Flyers	1:12.64
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3	Scott, Jassa	30 Clams	1:14.93
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4	Fletcher, Jane	32 Cardiff Masters	1:51.52
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Event 6 Women 35-39 100 SC Meter Freestyle

1	Lister, Sue	35 Swim Swansea Masters	1:10.08
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Event 6 Women 40-44 100 SC Meter Freestyle

1	Thomas, Ceri	41 Bridgend County	1:14.82
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2	Harrison, Elaine	43 Cardiff Masters	1:28.94
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Event 6 Women 45-49 100 SC Meter Freestyle

1	Lloyd, Christine	48 Carlisle Masters	1:36.72
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2	Keen, Delia	45 Carmarthen Masters	1:39.31
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3	Thomas, Elaine	46 Bridgend County	1:43.13
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Event 6 Women 50-54 100 SC Meter Freestyle

1	Stewart, Elsa	52 Cardiff Masters	1:29.23
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2	Griffiths, Anne	54 Clams	1:32.69
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Event 6 Women 60-64 100 SC Meter Freestyle

1	Palmer, Valerie	64 Caldicot	2:03.35
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Welsh Capital Masters - 13/05/2006**Results****Event 7 Men 18-24 50 SC Meter Butterfly**

1	Rattenberry, Adam	22 Clams	27.26
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Event 7 Men 25-29 50 SC Meter Butterfly

1	Peden, Trent	29 Cardiff Masters	28.86
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2	Maskell, Stephen	26 Cardiff Masters	32.07
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3	Lempriere, Phil	29 Cardiff Masters	34.81
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4	Neal, Martin	27 Cardiff Masters	45.09
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Event 7 Men 30-34 50 SC Meter Butterfly

1	Sweeting, Paul	33 Cardiff Masters	51.83
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Event 7 Men 40-44 50 SC Meter Butterfly

1	Waite, Keith	44 Unattached	37.73
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Event 7 Men 45-49 50 SC Meter Butterfly

1	Syrett, Walter	47 Pontypool	32.41
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2	Gage, Steve	47 Clams	35.73
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---	Morgan, Gareth	48 Cardiff Masters	DQ
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Arms underwater recovery

Event 7 Men 50-54 50 SC Meter Butterfly

1	Sveds, Vladimirs	50 Clams	35.15
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2	Norman, Philip	50 Gwent Police	35.25
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Event 7 Men 55-59 50 SC Meter Butterfly

1	Godfrey, Peter	59 Clams	31.78
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2	Hodgson, Eric	59 Wrexham	34.33
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Event 7 Men 60-64 50 SC Meter Butterfly

1	McDermott, Terry	63 Wrexham	47.34
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Event 7 Men 65-69 50 SC Meter Butterfly

1	Thomas, Garfield	66 Bridgend County	36.70
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Event 8 Women 25-29 50 SC Meter Butterfly

1	Williams, Kate	27 Cardiff Masters	40.10
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2	Davies, Sally	29 Cardiff Masters	41.79
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Event 8 Women 30-34 50 SC Meter Butterfly

1	Paull, Hannah	33 Gloucester Masters	33.51
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2	Jenkins, Sian	34 Cardiff Masters	35.49
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**Welsh Capital Masters - 13/05/2006
Results**

3	Maguire, Louise	32	Newcastle Emlyn Flyers	37.27
Event 8 Women 35-39 50 SC Meter Butterfly				
1	Shearn, Catherine	37	Hampshire North	38.31
2	Cuer, Denise	38	Caldicot	58.78
Event 8 Women 40-44 50 SC Meter Butterfly				
1	Borley, Sarah	44	Gwent Police	38.97
2	Thomas, Ceri	41	Bridgend County	39.39
Event 8 Women 55-59 50 SC Meter Butterfly				
1	Crayford, Julie	58	Clams	38.91
Event 8 Women 60-64 50 SC Meter Butterfly				
1	Weare, Margaret	62	Caldicot	1:04.04
Event 9 Men 18-24 100 SC Meter Breaststroke				
1	Keen, Chris	19	Carmarthen Masters	1:15.77
2	Carr, Daniel	23	Cardiff Masters	1:44.69
Event 9 Men 25-29 100 SC Meter Breaststroke				
1	Burggraaf, Ben	27	Hpc Heemstede	1:12.23
2	Lempriere, Phil	29	Cardiff Masters	1:18.12
Event 9 Men 30-34 100 SC Meter Breaststroke				
1	Drury, Alex	33	Gloucester Masters	1:15.29
2	Sweeting, Paul	33	Cardiff Masters	1:50.95
Event 9 Men 35-39 100 SC Meter Breaststroke				
1	Oakley, Paul	38	Gwent Police	1:22.78
2	Edwards, Duncan	38	Caldicot	1:37.80
Event 9 Men 40-44 100 SC Meter Breaststroke				
1	Williams, Cristyn	41	Cardiff Masters	1:51.31
Event 9 Men 45-49 100 SC Meter Breaststroke				
1	Syrett, Walter	47	Pontypool	1:17.35
2	Jones, Paul	47	Clams	1:48.60
Event 9 Men 50-54 100 SC Meter Breaststroke				
1	Sveds, Vladimirs	50	Clams	1:31.01

Welsh Capital Masters - 13/05/2006
Results

Event 9 Men 55-59 100 SC Meter Breaststroke

1	Grant, Alan	59	Miami Masters - Australia	1:40.29
2	Davies, Ian	57	Newcastle Emlyn Flyers	1:43.48

Event 9 Men 70-74 100 SC Meter Breaststroke

1	Stagg, Les	74	Clams	1:53.21
2	Knowles, Colin	72	Cardiff Masters	2:10.48

Event 9 Men 75-79 100 SC Meter Breaststroke

1	Lloyd, Edward	75	Wrexham	1:57.08
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Event 10 Women 18-24 100 SC Meter Breaststroke

1	Taylor, Kathryn	24	Wrexham	1:29.91
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Event 10 Women 25-29 100 SC Meter Breaststroke

1	Walker, Anna	25	Cardiff Masters	1:20.48
2	Bailey, Rachel	27	Clams	1:22.84
3	Stokes, Anna	25	Cardiff Masters	1:29.94
---	Davies, Sally	29	Cardiff Masters	DQ
	False start			

Event 10 Women 30-34 100 SC Meter Breaststroke

---	Fletcher, Jane	32	Cardiff Masters	DQ
	Incomplete stroke cycle other than one pull followed by one kick			

Event 10 Women 35-39 100 SC Meter Breaststroke

1	Cuer, Denise	38	Caldicot	1:56.22
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Event 10 Women 45-49 100 SC Meter Breaststroke

1	Trimble, Nicola	47	Newcastle Emlyn Flyers	1:41.33
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Event 10 Women 50-54 100 SC Meter Breaststroke

1	Stewart, Elsa	52	Cardiff Masters	1:51.05
2	Varley, Alison	54	Monnow	2:03.60

Event 10 Women 55-59 100 SC Meter Breaststroke

1	Crayford, Julie	58	Clams	1:40.16
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Event 10 Women 60-64 100 SC Meter Breaststroke

1	Palmer, Valerie	64	Caldicot	2:09.30
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Event 11 Mixed 100-119 200 SC Meter Medley Relay

1	Cardiff Masters	A		2:15.25
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**Welsh Capital Masters - 13/05/2006
Results**

Event 11 Mixed 120-159 200 SC Meter Medley Relay

1	Cardiff Masters	B	2:39.35
2	Cardiff Masters	C	2:44.60
3	Cardiff Masters	D	2:52.91

Event 11 Mixed 160-199 200 SC Meter Medley Relay

1	Newcastle Emlyn Flyers	A	2:57.97
2	Cardiff Masters	E	3:12.67

Event 12 Men 72-99 200 SC Meter Medley Relay

1	Clams	A	2:07.64
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Event 12 Men 100-119 200 SC Meter Medley Relay

1	Cardiff Masters	A	2:11.50
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Event 12 Men 160-199 200 SC Meter Medley Relay

1	Cardiff Masters	B	3:15.55
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Event 12 Men 240-279 200 SC Meter Medley Relay

1	Clams	A	2:39.63
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Event 13 Women 120-159 200 SC Meter Medley Relay

1	Cardiff Masters	A	2:28.23
2	Clams	A	2:43.15

(Event 13 Women 120-159 200 SC Meter Medley Relay)

3	Newcastle Emlyn Flyers	A	3:00.37
4	Cardiff Masters	C	3:02.39
5	Cardiff Masters	B	3:06.11

Event 14 Men 18-24 200 SC Meter Freestyle

1	Rattenberry, Adam	22	Clams	2:11.47
2	Newcombe, Oliver	24	Clams	2:18.25

Event 14 Men 25-29 200 SC Meter Freestyle

1	Lempriere, Phil	29	Cardiff Masters	2:19.85
2	Klempt, Otakar	28	Cheltenham Masters	2:21.14
3	Neal, Martin	27	Cardiff Masters	2:53.98

Event 14 Men 30-34 200 SC Meter Freestyle

1	Jenkins, Huw	30	Clams	2:18.83
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**Welsh Capital Masters - 13/05/2006
Results****Event 14 Men 40-44 200 SC Meter Freestyle**

1	Waite, Keith	44 Unattached	2:45.35
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Event 14 Men 45-49 200 SC Meter Freestyle

1	Syrett, Walter	47 Pontypool	2:47.38
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2	Jones, Paul	47 Clams	3:29.81
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Event 14 Men 50-54 200 SC Meter Freestyle

1	Cooper, David	51 Cardiff Masters	2:44.20
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2	Oliver, Keith	52 Shetland	2:44.71
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Event 14 Men 55-59 200 SC Meter Freestyle

1	Grey, David	55 Unattached	2:44.38
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Event 14 Men 70-74 200 SC Meter Freestyle

1	Alexis, Errol	70 Clams	3:27.78
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Event 15 Women 18-24 200 SC Meter Freestyle

1	Body, Louise	23 Clams	2:48.54
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2	Griffiths, Joanne	22 Cardiff Masters	3:25.70
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Event 15 Women 25-29 200 SC Meter Freestyle

1	Walker, Anna	25 Cardiff Masters	2:21.19
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2	Williams, Kate	27 Cardiff Masters	2:46.41
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Event 15 Women 30-34 200 SC Meter Freestyle

1	Paull, Hannah	33 Gloucester Masters	2:17.34
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---	Hughes, Heidi	30 Newcastle Emlyn Flyers	DQ
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Event 15 Women 35-39 200 SC Meter Freestyle

1	Lister, Sue	35 Swim Swansea Masters	2:33.57
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2	Cuer, Denise	38 Caldicot	4:22.21
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Event 15 Women 40-44 200 SC Meter Freestyle

1	Thomas, Ceri	41 Bridgend County	2:39.59
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2	Borley, Sarah	44 Gwent Police	3:18.04
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Event 15 Women 45-49 200 SC Meter Freestyle

1	Lloyd, Christine	48 Carlisle Masters	3:30.71
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2	Thomas, Elaine	46 Bridgend County	3:41.75
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Welsh Capital Masters - 13/05/2006**Results**

--- Parry, Clare 48 Cardiff Masters DQ

Event 15 Women 50-54 200 SC Meter Freestyle

1 Stewart, Elsa 52 Cardiff Masters 3:20.93

2 Varley, Alison 54 Monnow 3:39.59

(Event 15 Women 50-54 200 SC Meter Freestyle)

--- Griffiths, Anne 54 Clams DQ

No touch on turn

Event 15 Women 60-64 200 SC Meter Freestyle

1 Weare, Margaret 62 Caldicot 4:29.52

Event 16 Men 18-24 100 SC Meter IM

1 Keen, Chris 19 Carmarthen Masters 1:07.97

2 Carr, Daniel 23 Cardiff Masters 1:44.07

Event 16 Men 25-29 100 SC Meter IM

1 Lempriere, Phil 29 Cardiff Masters 1:11.80

Event 16 Men 35-39 100 SC Meter IM

1 Monnington, Simon 37 Pontypool 1:13.25

Event 16 Men 40-44 100 SC Meter IM

1 Waite, Keith 44 Unattached 1:29.01

Event 16 Men 45-49 100 SC Meter IM

1 Gage, Steve 47 Clams 1:25.16

Event 16 Men 55-59 100 SC Meter IM

1 Grant, Alan 59 Miami Masters - Australia 1:38.50

Event 16 Men 60-64 100 SC Meter IM

--- Jones, Ken 61 Newcastle Emlyn Flyers DQ

False start - Misc

Event 16 Men 65-69 100 SC Meter IM

1 Thomas, Garfield 66 Bridgend County 1:29.55

Event 16 Men 70-74 100 SC Meter IM

1 Stagg, Les 74 Clams 1:45.53

Event 17 Women 25-29 100 SC Meter IM

1 Walker, Anna 25 Cardiff Masters 1:16.01

2 Williams, Kate 27 Cardiff Masters 1:31.27

Welsh Capital Masters - 13/05/2006**Results**

3	James, Ceinwen	25	Pontypool	1:40.78
Event 17 Women 30-34 100 SC Meter IM				
1	Scott, Jassa	30	Clams	1:25.03
2	Maguire, Louise	32	Newcastle Emlyn Flyers	1:27.13
3	Fletcher, Jane	32	Cardiff Masters	2:04.50
Event 17 Women 40-44 100 SC Meter IM				
1	Harrison, Elaine	43	Cardiff Masters	1:40.38
Event 17 Women 45-49 100 SC Meter IM				
1	Keen, Delia	45	Carmarthen Masters	1:59.80
---	Lloyd, Christine	48	Carlisle Masters	DQ
Non-simultaneous kick - breast				
Event 17 Women 60-64 100 SC Meter IM				
1	Weare, Margaret	62	Caldicot	2:12.27
Event 18 Men 18-24 50 SC Meter Breaststroke				
1	Keen, Chris	19	Carmarthen Masters	34.82
2	Carr, Daniel	23	Cardiff Masters	48.98
Event 18 Men 25-29 50 SC Meter Breaststroke				
1	Klempt, Otakar	28	Cheltenham Masters	33.72
(Event 18 Men 25-29 50 SC Meter Breaststroke)				
2	Lempriere, Phil	29	Cardiff Masters	35.76
Event 18 Men 30-34 50 SC Meter Breaststroke				
1	Drury, Alex	33	Gloucester Masters	34.02
2	Sweeting, Paul	33	Cardiff Masters	48.54
Event 18 Men 35-39 50 SC Meter Breaststroke				
1	Oakley, Paul	38	Gwent Police	37.21
2	Edwards, Duncan	38	Caldicot	44.39
Event 18 Men 40-44 50 SC Meter Breaststroke				
1	Williams, Cristyn	41	Cardiff Masters	48.63
Event 18 Men 45-49 50 SC Meter Breaststroke				
1	Syrett, Walter	47	Pontypool	33.84
2	Jones, Paul	47	Clams	46.15

Welsh Capital Masters - 13/05/2006**Results****Event 18 Men 50-54 50 SC Meter Breaststroke**

1	Sveds, Vladimirs	50 Clams	39.88
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Event 18 Men 55-59 50 SC Meter Breaststroke

1	Grey, David	55 Unattached	41.68
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2	Davies, Ian	57 Newcastle Emlyn Flyers	46.66
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Event 18 Men 70-74 50 SC Meter Breaststroke

1	Stagg, Les	74 Clams	51.29
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2	Alexis, Errol	70 Clams	51.78
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3	Knowles, Colin	72 Cardiff Masters	52.57
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Event 18 Men 75-79 50 SC Meter Breaststroke

1	Lloyd, Edward	75 Wrexham	47.11
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Event 19 Women 18-24 50 SC Meter Breaststroke

1	Taylor, Kathryn	24 Wrexham	41.95
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2	Griffiths, Joanne	22 Cardiff Masters	58.35
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Event 19 Women 25-29 50 SC Meter Breaststroke

1	Walker, Anna	25 Cardiff Masters	37.97
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2	Bailey, Rachel	27 Clams	38.25
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3	Stokes, Anna	25 Cardiff Masters	40.49
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4	Davies, Sally	29 Cardiff Masters	42.93
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5	James, Ceinwen	25 Pontypool	49.42
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Event 19 Women 30-34 50 SC Meter Breaststroke

1	Fletcher, Jane	32 Cardiff Masters	51.38
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Event 19 Women 35-39 50 SC Meter Breaststroke

1	Lister, Sue	35 Swim Swansea Masters	45.72
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2	Cuer, Denise	38 Caldicot	52.56
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Event 19 Women 40-44 50 SC Meter Breaststroke

1	Borley, Sarah	44 Gwent Police	43.24
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Event 19 Women 45-49 50 SC Meter Breaststroke

1	Trimble, Nicola	47 Newcastle Emlyn Flyers	45.43
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Event 19 Women 50-54 50 SC Meter Breaststroke

1	Stewart, Elsa	52 Cardiff Masters	50.88
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**Welsh Capital Masters - 13/05/2006
Results****Event 19 Women 55-59 50 SC Meter Breaststroke**

1	Crayford, Julie	58 Clams	45.59
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Event 19 Women 60-64 50 SC Meter Breaststroke

1	Palmer, Valerie	64 Caldicot	59.58
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Event 20 Men 18-24 100 SC Meter Butterfly

1	Rattenberry, Adam	22 Clams	1:04.35
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Event 20 Men 25-29 100 SC Meter Butterfly

1	Maskell, Stephen	26 Cardiff Masters	1:10.11
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Event 20 Men 50-54 100 SC Meter Butterfly

1	Sveds, Vladimirs	50 Clams	1:25.07
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Event 21 Women 30-34 100 SC Meter Butterfly

1	Paull, Hannah	33 Gloucester Masters	1:10.60
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Event 21 Women 35-39 100 SC Meter Butterfly

1	Shearn, Catherine	37 Hampshire North	1:27.30
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Event 21 Women 40-44 100 SC Meter Butterfly

1	Thomas, Ceri	41 Bridgend County	1:27.13
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Event 21 Women 55-59 100 SC Meter Butterfly

1	Crayford, Julie	58 Clams	1:34.84
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Event 22 Men 25-29 100 SC Meter Backstroke

1	Klempt, Otakar	28 Cheltenham Masters	1:06.72
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2	Burggraaf, Ben	27 Hpc Heemstede	1:06.88
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Event 22 Men 40-44 100 SC Meter Backstroke

1	Waite, Keith	44 Unattached	1:30.75
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Event 22 Men 50-54 100 SC Meter Backstroke

1	Norman, Philip	50 Gwent Police	1:24.56
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Event 22 Men 55-59 100 SC Meter Backstroke

1	Hodgson, Eric	59 Wrexham	1:15.77
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2	Davies, Ian	57 Newcastle Emlyn Flyers	1:53.85
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Event 23 Women 18-24 100 SC Meter Backstroke

1	Griffiths, Joanne	22 Cardiff Masters	1:55.24
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Welsh Capital Masters - 13/05/2006**Results****Event 23 Women 40-44 100 SC Meter Backstroke**

1	Harrison, Elaine	43	Cardiff Masters	1:44.18
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Event 23 Women 45-49 100 SC Meter Backstroke

1	Parry, Clare	48	Cardiff Masters	1:27.75
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2	Lloyd, Christine	48	Carlisle Masters	2:17.97
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Event 23 Women 50-54 100 SC Meter Backstroke

1	Griffiths, Anne	54	Clams	1:39.13
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2	Varley, Alison	54	Monnow	1:57.58
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Event 24 Men 18-24 50 SC Meter Freestyle

1	Rattenberry, Adam	22	Clams	25.62
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2	Newcombe, Oliver	24	Clams	26.06
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3	Carr, Daniel	23	Cardiff Masters	38.58
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Event 24 Men 25-29 50 SC Meter Freestyle

1	Maskell, Stephen	26	Cardiff Masters	27.85
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2	Lempriere, Phil	29	Cardiff Masters	28.04
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Event 24 Men 30-34 50 SC Meter Freestyle

1	Drury, Alex	33	Gloucester Masters	27.01
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2	Jenkins, Huw	30	Clams	28.11
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(Event 24 Men 30-34 50 SC Meter Freestyle)

3	Croall, Steve	34	Swim Swansea Masters	28.18
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4	Sweeting, Paul	33	Cardiff Masters	35.33
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Event 24 Men 35-39 50 SC Meter Freestyle

1	Monnington, Simon	37	Pontypool	28.62
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2	Oakley, Paul	38	Gwent Police	30.42
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Event 24 Men 40-44 50 SC Meter Freestyle

1	Waite, Keith	44	Unattached	33.03
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---	Williams, Cristyn	41	Cardiff Masters	DQ
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False start

Event 24 Men 45-49 50 SC Meter Freestyle

1	Gage, Steve	47	Clams	33.15
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2	Jones, Paul	47	Clams	42.08
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Event 24 Men 50-54 50 SC Meter Freestyle

Welsh Capital Masters - 13/05/2006**Results**

1	Cooper, David	51	Cardiff Masters	30.80
2	Wilson, William	51	Cardiff Masters	31.88
3	Lewis, Barry	52	Wrexham	34.12
4	Oliver, Keith	52	Shetland	34.63
Event 24 Men 55-59 50 SC Meter Freestyle				
1	Hodgson, Eric	59	Wrexham	31.53
2	Davies, Ian	57	Newcastle Emlyn Flyers	42.04
Event 24 Men 60-64 50 SC Meter Freestyle				
1	McDermott, Terry	63	Wrexham	38.11
---	Jones, Ken	61	Newcastle Emlyn Flyers	DQ
	False start			
Event 24 Men 65-69 50 SC Meter Freestyle				
1	Thomas, Garfield	66	Bridgend County	32.18
Event 24 Men 70-74 50 SC Meter Freestyle				
1	Alexis, Errol	70	Clams	37.51
2	Stagg, Les	74	Clams	40.79
3	Knowles, Colin	72	Cardiff Masters	54.23
Event 24 Men 75-79 50 SC Meter Freestyle				
1	Lloyd, Edward	75	Wrexham	36.38
Event 25 Women 18-24 50 SC Meter Freestyle				
1	Taylor, Kathryn	24	Wrexham	33.89
Event 25 Women 25-29 50 SC Meter Freestyle				
1	Williams, Kate	27	Cardiff Masters	34.28
2	Davies, Sally	29	Cardiff Masters	34.92
3	James, Ceinwen	25	Pontypool	40.16
Event 25 Women 30-34 50 SC Meter Freestyle				
1	Paull, Hannah	33	Gloucester Masters	28.92
2	Scott, Jassa	30	Clams	33.32
3	Fletcher, Jane	32	Cardiff Masters	50.97
Event 25 Women 35-39 50 SC Meter Freestyle				
1	Lister, Sue	35	Swim Swansea Masters	33.08

Welsh Capital Masters - 13/05/2006**Results**

2	Harris, Karen	38	Cardiff Masters	34.36
3	Cuer, Denise	38	Caldicot	46.71
Event 25 Women 40-44 50 SC Meter Freestyle				
1	Borley, Sarah	44	Gwent Police	34.91
Event 25 Women 45-49 50 SC Meter Freestyle				
1	Parry, Clare	48	Cardiff Masters	33.76
2	Lloyd, Christine	48	Carlisle Masters	42.80
3	Keen, Delia	45	Carmarthen Masters	45.99
4	Thomas, Elaine	46	Bridgend County	46.59
5	Frost, Anne	48	Cardiff Masters	50.16
Event 25 Women 50-54 50 SC Meter Freestyle				
1	Stewart, Elsa	52	Cardiff Masters	41.86
Event 25 Women 55-59 50 SC Meter Freestyle				
1	Crayford, Julie	58	Clams	36.52
Event 25 Women 60-64 50 SC Meter Freestyle				
1	Weare, Margaret	62	Caldicot	54.25
2	Palmer, Valerie	64	Caldicot	55.58
Event 26 Mixed 72-99 200 SC Meter Freestyle Relay				
1	Clams	A		1:52.67
Event 26 Mixed 100-119 200 SC Meter Freestyle Relay				
1	Cardiff Masters	A		2:00.85
Event 26 Mixed 120-159 200 SC Meter Freestyle Relay				
1	Cardiff Masters	C		2:18.49
2	Newcastle Emlyn Flyers	A		2:32.56
---	Cardiff Masters	D		DQ
Early take-off swimmer #3				
Event 26 Mixed 160-199 200 SC Meter Freestyle Relay				
1	Cardiff Masters	F		2:50.41
Event 26 Mixed 240-279 200 SC Meter Freestyle Relay				
1	Clams	A		2:37.14
Event 27 Men 100-119 200 SC Meter Freestyle Relay				

Welsh Capital Masters - 13/05/2006**Results**

1	Clams	A	1:51.81
2	Cardiff Masters	A	2:08.41
Event 27 Men 160-199 200 SC Meter Freestyle Relay			
1	Mongrel	A	2:01.38
2	Cardiff Masters	B	2:29.25
Event 27 Men 200-239 200 SC Meter Freestyle Relay			
1	Clams	A	2:22.17
Event 27 Men 240-279 200 SC Meter Freestyle Relay			
1	Wrexham	A	2:18.40
Event 28 Women 120-159 200 SC Meter Freestyle Relay			
1	Cardiff Masters	A	2:12.28
2	Newcastle Emlyn Flyers	A	2:36.86
3	Cardiff Masters	C	2:37.62
4	Cardiff Masters	B	2:50.95
Event 28 Women 160-199 200 SC Meter Freestyle Relay			
1	Clams	A	2:12.36