

**IV «SAINT-PETERSBURG OPEN»
MASTERS SWIMMING CHAMPIONSHIP 2009**

SATURDAY, 30st May and SUNDAY, 31st May 2009

1. The purposes and tasks.

- Perfection of sports skill of swimmers “Masters”
- Popularization of navigation and propagation of a healthy way of life.
- Strengthening of the international friendly communications between clubs and sportsmen.

2. Terms and a place of carrying out.

Place of carrying out: competitions are carried out in pool of Swimming Center, Saint-Petersburg. (50 meters, 10 lanes, electronic timing OMEGA).

The address: Saint-Petersburg, Chlopina ulitsa, 10 near the metro station Ploshad Muzhestva.

Date of arrival and registration is 29 of May 2009 from 10 o'clock till 18 o'clock

The beginning of start: 30st of May at 11 o'clock (warm-up at 10 o'clock)

31st of May at 11 o'clock (warm-up at 10 o'clock)

3. The organization of carrying out.

The common management of competitions is carried out by Duck's Creek sport club.

Any questions, please call +7 921 092 36 83 or write e-mail info@dcsport.ru

4. Conditions of carrying out of competitions.

The competitions will be held under the auspices of the rules and regulations of the FINA Masters Swimming Rules current at the time of close of entries.

- Minimum age limit is 25 years.

- Each participant bears the PERSONAL responsibility for a condition of the health about what undersigned for the report of the established form.

- Age groups are based on ages at 31/12/2009

AGE GROUPS:

| | |
|-----------------|-----------------|
| 25-29 1984-1980 | 60-64 1949-1945 |
| 30-34 1979-1975 | 65-69 1944-1940 |
| 35-39 1974-1970 | 70-74 1939-1935 |
| 40-44 1969-1965 | 75-79 1934-1930 |
| 45-49 1964-1960 | 80-84 1929-1925 |
| 50-54 1959-1955 | 85-89 1924-1920 |
| 55-59 1954-1950 | 90-94 1919-1915 |

- the age groups in relays are:

100-119 years, 120-159 years, 160-199 years, 200-239 years, 240-279 years, 280-319 years.

- there is a rule of one start in all events. The competitor with false start is failed to go to the distance.

- it is allowed to start from swimming-pool nosing or from water directly.

- a competitor may enter no more than 2 events per day (relays are not included).

5. The program of competitions:

SATURDAY, 30st May 2009

Warm up: 10 a.m. Start: 11 a.m.

| | | |
|-----------|--------|--------------|
| Women | 4*50 m | Freestyle |
| Men/Women | 50 m | Breaststroke |
| Men/Women | 50 m | Freestyle |
| Men/Women | 100 m | Backstroke |
| Men/Women | 100 m | Butterfly |

| | | |
|-----------|--------|--------------|
| Men/Women | 200 m | Breaststroke |
| Men/Women | 200 m | Freestyle |
| Men/Women | 200 m | |
| Men/Women | 4*50 m | Mixed |

SUNDAY, 31st May 2009

Warm up: 10 a.m. Start: 11 a.m.

| | | |
|-----------|--------|-----------------|
| Men | 4*50 m | Freestyle |
| Men/Women | 400 m | Freestyle |
| Men/Women | 50 m | Butterfly |
| Men/Women | 50 m | Backstroke |
| Men/Women | 100 m | Breaststroke |
| Men/Women | 100 m | Freestyle |
| Men/Women | 200 m | Butterfly |
| Men/Women | 200 m | Backstroke |
| | 4*50m | Mixed Freestyle |
| | | |

6. Conditions of submissions of applications.

Entry Closing Date: 20 May 2009

e-mail: naoumenko@mail.ru

Applications for relays are accepted in advance or in a day of relay races.

7. Financing.

Organizers of competitions bear charges on the organization and carrying out of competitions. Payment of travel to a place of competitions, accommodations and a meal is made by the sending organizations or participants.

9. Accommodation and visa support

Please contact Olga Burtseva if any questions concerning accommodation and visa support occur.

Tel. +7 812 272 49 88, +7 812 272 37 64, e-mail: olgajamex@yahoo.com olga@jam-ex.ru

10. Cultural program

Organizers of Championship will offer cultural program to all participants. The detailed information will be later.

