



INTERNATIONAL MASTERS SWIMMING  
COMPETITIONS **BALTIC – GDYNIA 2009**



The GDYNIA MASTERS Swimming Team and WKS “FLOTA”

Gdynia have the honour to invite all those who swim and are at least 25 years old to participate in the third MASTERS swimming competition in our beautiful city of GDYNIA. The competition will take place on **27-28 June 2009 r.**

Honorary patronage : Mr Wojciech Szczurek, the Mayor of Gdynia

**Venue** : 81-127 Gdynia–Oksywie, ul. Śmidowicza 73,

**50 m** open pool with 8 lanes, 27°C water temperature, electronic timing.

**Terms of participation**: Participants have to be at least **25 years old**. Each participant may compete in two individual races a day and in a single relay. When submitting application, please state your year of birth, age category, club name, and races selected; please inform us also about **your best times in a 50 m long pool**.

Prior to entering competition, each participant will sign a health status statement.

Applications will be accepted from 1 June 2008 until the deadline on **23 June 2009**. Please submit your application to the e-mail addresses : [januszmasters1@gmail.com](mailto:januszmasters1@gmail.com), [info@wksflotagdynia.pl](mailto:info@wksflotagdynia.pl), send a fax : 0048 58-626 24 92 (from 8:15 to 15:30 hrs), Contact phone numbers: 0048 58 **626 20 12**, or write to the Organizers' address : **81-127 Gdynia, ul.Śmidowicza 73, Poland.**

**Competition programme:**

**Day 1 (27 June; Saturday; 15:00 hrs)**

1/2 50 m freestyle F/M  
3/4 50 m butterfly F/M  
5/6 100 m backstroke F/M

7/8 100 m breaststroke F/M  
9/10 400 m freestyle F/M

**Relays** : 4 x 50 m freestyle /MIX/

**Day 2 (28 June; Sunday; 9:30 hrs)**

11/12 50 m backstroke F/M  
13/14 50 m breaststroke F/M  
**15/16 100 m freestyle F/M**

**Regina Ziółkowska memorial race**

17/18 100 m butterfly F/M  
19/20 200 m medley F/M

**Relays** : 4 x 50 m mix

Prizes : places 1-3: medals and diplomas. Each participant will receive a souvenir.  
Cups and special prizes for the best team and the best participant.  
Cups for winning the Reginy Ziółkowskiej memorial race.

Important information : start fee is 40,-PLN. The Organizers plan to hold a free get-together meeting for all participants and will arrange a guided city sightseeing tour (the cost will be confirm in early May 2009). The Organizers recommend inexpensive accommodation (about EUR 15/person) at the competition venue or may book a hotel accommodation according to participants' preferences.

**All will be confirmed at 4th. May 2009 on the [www.wksflotagdynia.pl](http://www.wksflotagdynia.pl) link pływanie, masters.**

Organizers: **GDYNIA MASTERS Swimming Team and WKS “FLOTA” Gdynia.**